

A new standard of care. A better quality of life.™

October/November 2011

Volume 1, Issue 2

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AHC Happenings



Autumn is upon us and with the change in Seasons, comes also, many exciting changes at Accurate Home Care! In addition to our new office locations, we have kicked off our DME provider company by hiring Respiratory Therapist, Mike Chismar! We are currently seeking clients who are willing to be pilot clients for us; handling their supplies in 2012 and beyond. Mike has also enabled us to host ventilator classes right here at AHC. This is a great addition to our array of services and keeps with our mission of servicing the clients to the best of our ability and further educating employees.

AHC was also honored this year with two very prestigious awards. Inc. Magazine chooses the Top 5000 growing companies in the nation. AHC was ranked 3265 this year with 58% growth over three years. The awards ceremony was held in Washington D.C. and was an incredible event with terrific speakers. We are truly honored to be considered in this ranking.

Another award we received in the last two months is the Minneapolis-St. Paul Busi-

ness Journal's Fast 50. This is a list of the fastest 50 growing companies in Minnesota. AHC ranked 36th this year and are thrilled to be a part of this group of fantastic companies.

In other exciting news, Amy and Carol were selected to present at the National Home Care Association annual conference in early November. In a packed room of around 200 people, this was an experience of a lifetime. We were able to share our story and how we've made AHC a success through all of your hard work and commitment to quality care.

We know the last few months have been difficult with the legislative changes in MN; please know that you are a valued part of AHC and the larger community. AHC is committed to lobbying on the behalf of employees and clients to maintain a viable career or care option that is both cost effective and provides a better quality of life. Thank you for your continued support and please reach out as you have questions or would like information about contacting your legislators!



Please return your Quality Assurance Surveys



"I am very excited to be a member of the AHC team. The welcome continues to be warm and accepting. I look forward to a long and fulfilling relationship with clients and employees "
Mike C, RT

New AHC Office Sites

As you know Accurate Home Care is growing fast because of you and therefore we need more office space. Additionally, our Regions will be breaking into four sectors throughout MN.

North MN Region: Our St. Cloud office is opening November 7, 2011! We will be hosting an open house in early December. We are currently viewing Duluth locations as well.

South MN Region: Real Estate sites are being toured in the South Metro and a decision hopes to be made in the next couple weeks.

Central MN Region: The current main office in Elk River will remain our site for now.

Corporate Headquarters: We will be moving to Otsego! Tentative move in date of June 1, 2012. This will also host our training center.

Quad Cities and Peoria: We are looking at other sites as our leases come to an end in 2012.

We are very excited about these changes and are looking forward to a very busy and exciting 2012!

IN THE NEWS

Region Sheets

In order to get you acquainted to your team members, each client will be receiving a region team sheet. These will also be posted on our website. We hope this will provide you with a face and a name for who you are talking to. In addition, all corporate departments and the management team will be posted online as well. Please don't hesitate to reach out to any team member at any time. We are all here to help.

Flu Shots

Because we are in the medical profession, we are subjected to more germs than normal. It is critical that all staff try to stay free of sickness during the winter season. ! AHC will reimburse you for getting your shot. Send in your proof to HR and you will receive \$20! Remember to get your flu shot.

Client Care Updates Hotline

Client care updates are an important part of our Clinical Management team staying on top of the needs in the home. We now have a new dedicated number for all staff to call and leave the updates on for their Clinical Manager. Your update will then be transcribed and given to the appropriate team members so follow up can be done. Updates can be given by calling **877-867-4500**. The care plan hotline replaces the weekly update form (IA/IL) and the weekly/biweekly updates to Clinical Manager via cell phone (MN). We hope you will find value in this new service as you can call 24/7.

Benefit Information

Look for open enrollment information coming soon on benefits available to you in 2012. Also, once you've been with Accurate Home Care for 3 months, you are eligible to start participating in a 401k plan. If you have questions please call Michelle Ruesink in Human Resources at 763-633-4185.



Thanks a Million!

Above and Beyond Super Stars

Abby Graten

Paulette Decker

Philgona Wildes

Emma Bime



Classes Education for all staff

CPR: Full Course:

Nov 5 Sat 12:00pm – 4:00pm Elk River
 Dec 6 Tues 2:00pm—6:00pm Elk River
 Dec 27 Tues 5:00pm—9:00pm Elk River

CPR: Recertification:

Nov 1 Tues 4:00pm—7:00pm Elk River
 Nov 16 Wed 9:00am-12:00pm Moline
 Nov 22 Tues 9:00am-12:00pm Peoria
 Nov 22 Tues 2:00pm—5:30pm Elk River
 Dec 10 Sat 11:00am—2:00pm Elk River
 Dec 19 Mon 9:00am—10:00am Peoria
 Dec 21 Wed 8:00am—11:30am Elk River

Epilepsy In-service:

Nov 9 Wed 1:00pm—2:00pm Elk River

Boundaries:

Nov 16 Wed 10:00am—1:00pm Elk River
 Dec 23 Fri 10:00am—1:00pm Elk River

Trach Fundamentals:

Dec 21 Wed 12:30pm—4:00pm Elk River

Advanced Trach:

Dec 21 Wed 4:30pm—6:30pm Elk River

Pulmonetic Vent Training:

Nov 2 Wed 8:30am – 11:30am Elk River
 Nov 9 Wed 3:00pm – 6:00pm Rasmussen
 Brooklyn Park
 Nov 11 Fri 8:30am—11:30am Elk River
 Nov 18 Fri 8:30am—11:30am Elk River
 Nov 21 Mon 8:30am—11:30am Elk River
 Nov 28 Mon 8:30am—11:30am Elk River
 Dec 7 Wed 1:00pm—4:00pm Elk River
 Dec 12 Mon 1:00pm—4:00pm Elk River
 Dec 14 Wed 1:00pm—4:00pm Elk River
 Dec 19 Mon 8:30am—11:30am Elk River
 Dec 28 Wed 8:30am—11:30am Elk River

PDN Orientation

Nov 30 Wed 8:30am-5:00pm St Cloud

EDUCATION CORNER

Nurse Orientation

All new employees are required to attend Employee Orientation. Orientation is a time when new employees learn about the benefits and expectations of being an Accurate employee, gastrostomy basics, oxygen safety, tracheostomy fundamentals and emergency protocol.

This is a valuable training that we want our new and current employees to encompass. Since orientation has changed over the years, we are inviting all active employees to attend this orientation if you have not attended in the past. Please call the office to sign up!

Documentation Submission—IL/IA

In an effort to ensure documentation is organized and processed timely when it comes to the office, please be sure to send in client charting weekly, sorted by date, with the most recent date on top. It is also important that your timecards come in with the documentation.

Rasmussen College—All Locations

AHC is a corporate partner with Rasmussen College, a regionally accredited Institution. AHC employees are eligible to receive a 10% tuition discount, waived app fee and convenient financial aid options through Rasmussen College's Tuition deferral program. Maybe you've put off starting or finishing that associates or bachelor's degree. This is an opportunity to invest in your future. Rasmussen College offers associate and bachelor's degree programs in six professional schools, including Health Sciences, Nursing, Business, Technology, Design, Education and Justice Studies. Rasmussen offers day, evening and convenient fully-online degree programs. To learn more please visit www.rasmussen.edu/rasbenefit or call 855-372-7236.

MN School of Business / Alliance Partner

Because the MN School of Business is an Alliance Partner with AHC employees of a business alliance partner may qualify for Business Alliance Scholarships. Scholarships cover up to 10% cost of tuition, up to a maximum of \$5,000. An interested employee should contact the Director of Admissions at any Campus.

Light n Spicy Pumpkin Bars...

Recipe Corner

INGREDIENTS

2 t baking powder
 1/2c apple juice
 2 eggs
 1 1/2c powdered sugar
 1 c all-purpose flour
 1 t baking soda
 1/4 t salt
 1c whole wheat flour
 1 1/2 c brown sugar; packed
 1 t nutmeg
 16 oz pumpkin; canned, 2 cups
 1 t vanilla
 1 t cinnamon
FROSTING
 1 T plain yogurt
 1/2 t ground cloves
 1/2 c vegetable oil
 2 T Margarine; softened

Preheat oven 350—grease./flour pan.

Bars mixture-

In a large bowl mix all ingredients on low speed, until moistened. Mix for 2 minutes on med speed. Spread mixture evenly into prepared pan. Bake for 20-30 minutes, or until toothpick comes out clean. Cool completely.

Frosting-

Combine all ingredients, adding more yogurt if desired. Mix until smooth. Frost the cooled bars; sprinkle with nutmeg if desired. Refrigerate to set the frosting; cut into bars.

Enjoy!



UPCOMING EVENTS

Cooks for Kids

AHC will be serving dinner to families at Children’s Hospital- Minneapolis on November 29 and December 28 from 3:30-8:00pm. Volunteers are needed

for preparing, cooking and serving. If interested, please contact the office or email janiecapouch@accuratehomecare.com



Stay connected to the latest news and events on Facebook: [Accurate Home Care](#)



Adopt a Family

AHC will be adopting a family in each office location. Look for more details on items that need to be donated on our website in the AHC Community tab.



Toy Drive



The holidays can be difficult for some families. If you know a family in need, please submit the names to the office as we’ll be collecting Toys for all ages from November 1-December 20. All offices will have a drop off box for these items.

Holiday Office Hours

Please note our office is closed on the following days:

- November 24, 2011—Thanksgiving Day
- November 25, 2011—Day after Thanksgiving
- December 26, 2011—Christmas Day
- January 2, 2012—New Years Day

On-call service is still available 24/7



*Do you know of a Charity that needs Volunteers?
Submit your requests today!*



Oct/Nov 2011

19021 Freeport Street, Suite 400
Elk River, MN 55330
866-214-3800
www.accuratehomecare.com

Years of Service Accomplishments (August 2011 – November 2011)

1 year

Kari E	Katherine S	Hean M	Linsey K	Linda D	Sheryl O	Tammy Y	Martha N	Simon A
Jeanette C	Diane P	Vlora S	Kellie C	Tanya B	Darlene H	Susan R	Kathleen W	Stacy T.L
Rachel H	Donna G	Bethany W	Eileen D	Jessica L	Melba H	Heidi S	Justine A	Amy W
Sheila K	Stacey S	Dorothy B	Kaitlyn D	Becky L	Natalie S	Mandy D	Ashley C	Kelley H
Stephanie W	Teresa B	Emmediatress B	Borak H	Shanna M	Lashonda J	Loveline N	Tasha R	Darlene D
Melanee K	Gladys B	Wesley C	Tracy M	Melissa R	Cynthia A	Deborah R	Annae L	Vickie H
Bethany H	Max B	Leanne C	Megan N	Amy S	Vivian F	Catrina R	Charlotte F	Paulette D
Michelle B	Miranda B	Alicia S	Jacob W	Manda S	Tina M	Tammy T	5 + Years	Debra M
Elizabeth F	Maja D	Jeanette B	Maryls W	Amanda S	Jeana M	Amanda A	Eleanor W	Darla K
Angel H	Matthew G	Esther D	Alaba A	Jenna T	Dorothy S	Ellen B	Pat K	Christine B
Jana H	Michael G	Tami A	Dieudonne A	Shelly W	Jason F	Mary G	Sandra W	Paula D
Sarah H	Brittney H	Chelsey B	Linda B	Jolene A	Kristie R.M	Heather H	Lynette H	Melissa E
Ruth K	Abraham K	Amber C	Judith C	Leah J	Erin H	Carlene M	Shirley B	Calla G
Jodie A	Donald K	Heather C	Joseph K	Rachel M	Pamela V	Amanda S	Claire B	Dawn B
Jennifer B	Thanh N	Elizabeth D	Maureen K	Teresa M	Jaclyn B	Kaia S	Pat D	Carmen G
Susan H	Rebecca O	Diane H	Winnie N	Renee S	Melina C	Kimberly H	Charlene D	Nick P
Pamela P	Edith C	Natasha J	Lucy N	Jennifer W	Christine K	4 years	Jenny K	Nancy N
Deanna P	Mary G	Cari J	Cortney S	Robin C	Robin S	Apryl M	Kim B	Lorri P.G
Amber D	Kelly R	Hope L	Nathaniel B	Trisha F	Robin S	Stacey Y	Lanette H	Ryan B
Yolanda G	Beverly W	Andria M	Victoria E	Sandra H	Stacey Y	Theresa P	Kris F	Janel R
Elizabeth B	Surajad P	Geneva M	William E	Lawna J	Ashley Z	Karla Y	Kathleen B	Sandy L
Amber L	Jenny S	Kendra N	Samantha F	Patience N	Michele C	Amanda M	Lisa D	Alice M
Ambuck N	Phillip T	Elizabeth O	Melanie M	Robb B	Jillian O	Rita H	Roxanne C	Denise S
Monica S	Bryce Z	Sheila W	Marisa M	Ryan C	Amber P	Marilyn P	Regina R	Connie D
Debra V	Bahsan A	Rachel F	Jarrelle R	Courtney E	Karla B	Danielle S	Ann E	Laurie H
Angela W	Allyson D	Krystal H	Athena S	Jamie H	Lubasi K	Ann E	Deb H	Betty K
Tanya D	Amanda G	Joyce K	Dawn T	Karen K	Timothy T	Breeaynna R	Galina B	Sheri D
Betty B	Melonie H	Heather R	Kimberly A	Ashley K	Maria J	Grace B	Shaunta J	Robin H
Gloria DJ	Josephine I	Eric R	Christa D	Amanda S	Miranda L	Janet C	Nichole R	Abbie P.B
Kristy H	Amanda W	2 years	Cynthia J	Jacquelynrae S	Zachary T	Jaime J	Chris T	Hattie G
Aleshia H	Harry O	Allison B	Bryan K	Rosann W	Gary W	Stephanie L	Mary M	Mary M
Sam H	Gina S	Misty P	Callie K	Laura E	Cheryl E	Susan G	Mindi L	Mary M
Jennifer H	Wanda W	Tamara A	Jeanette M	Muhammed F	Marilyn F	Lucinda H	Wanda W	Margaret O
Dary H	Brandon B	C Michele L	Beau M	Josphat L	Eileen N	Phyllis J	Rosie K	Maryls P
Pamela K	Olusola D	Sarah P	Paula S	Rachel W	Amy N	Colleen M	Dawn S	Beryl W
Donette M	Jaclyn D	Shannon S	Heather S	3 years	Christina R	Aaron S	Deb H	Rebecca N
Douglass M	Thomas G	Donna W	Sandra E	Christina C	Johannes I	Helen W	Tina M	Nita H
Alyssa R.	Stephanie G	Shelly B	Thomas J	Lisa S	Colleen HM	Lynda E	Kim W	Tracey S
Lucy B	Catherine G	Margaret I	Deborah L	Jeannie S	Elaine K			Duncan H
	Robert L		Sonja M					